

The Corporation of the Township of Bonnechere Valley

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For Immediate Release RE: COVID-19 Case in Renfrew County

Township of Bonnechere Valley – March 24, 2020 – Based on information provided from the Renfrew County and District Health Unit (RCDHU) they are indicating that the *Institut national de santé publique du Québec* notified them that a Quebec resident working in Renfrew County tested positive for COVID-19.

The Renfrew County and District Health Unit has been working diligently with the Renfrew County employer and have identified workers in the area that could possibly have been exposed. Specific instructions to these individuals on self-isolation and self-monitoring have been provided.

Fellow workers are asked to monitor for the following symptoms and a probable case is defined as: A person with a fever of over 38 degrees Celsius and/or onset of cough AND any of the following within 14 days prior to onset of illness:

- Travel to an impacted area or
- Close contact with a person of acute respiratory illness who has been to an impacted area

AND

- In whom laboratory diagnosis of COVID-19 is not available, recommended, inconclusive or negative.

We are continuing to remind our residents that social distancing will prevent the spread of COVID-19.

Residents are directed to the Renfrew County & District Health Unit for information and guidance on COVID-19. Please refer to the instructions on how to protect yourself and your family.

<https://www.rcdhu.com/novel-coronavirus-covid-19-2/>

Please follow these instructions to reduce the spread of germs:

- Wash your hands often with soap and water or use alcohol-based sanitizers;
- Avoid touching your eyes, nose and mouth, unless you have just cleaned your hands with soap;
- Cover your cough and sneeze with a tissue or into your arm, not your hand;
- If possible, stay home if you are sick;
- Avoid visiting people in hospitals or long-term care centers if you are sick
- Clean and disinfect frequently touched objects and surfaces;
- It is still recommended to get your flu shot if you have not already as the flu virus is still circulating in the community.